



KEY WEST YOGA SANCTUARY

Yoga Hopping and Reiki Infused Retreat in Key West, FL November 1st – 4th

Includes:

- **Yoga Rhythms Class with Don Curran of Yoga on the Beach KW @Higgs Beach**
- **Chakra Balancing Reiki Session with Reiki Master, Karen Cay of Here Comes Your Sun @Higgs Beach**
- **Vinyasa Flow Class with Nancy Curran of Yoga on the Beach KW @Fort Zachary Taylor State Park**
- **Oceanic Reiki Cleansing with Reiki Master, Karen Cay of Here Comes Your Sun @Fort Zachary Taylor State Park**
- **Warm Yin with Sound Therapy with Lauren Dean of Bikram Yoga Key West**
- **Pranayama & Meditation with Gretchen Mills of Key West Yoga Sanctuary**
- **Aqua Yoga with Diane Vitoria of The Yoga House Brandon @Chelsea House Inn**
- **Private Reiki Session with Reiki Master, Karen Cay of Here Comes Your Sun**
- **Wine Tasting Sunset Sail with Danger Charters**
- **Conch cruiser rental (bike) with Island Safari Rentals**
- **Yoga goody bag**

Join us for this fabulous adventure! Spaces are limited.

Cost: \$333 *Special price for Key West locals! Call for more information.

Call: 813-763-2522 or visit: www.TheYogaHouseBrandon.com/key-west-adventure/
for more information and to register.

See you for a lot of fun, yoga, reiki, and
sunshine in beautiful Key West!